

A photograph of a large indoor event, likely a school or community gathering, held in a gymnasium. The floor is covered with numerous red, pink, and white balloons. People of various ages are scattered throughout the space, some standing and talking, others interacting with the balloons. In the foreground, a young boy in a light blue shirt and dark vest is seen from behind, reaching up towards a large white balloon. The background shows bleachers and a yellow banner with a tree logo and the word "TRICT" partially visible. The overall atmosphere is festive and busy.

Chicago Ridge Park District Spring 2025

BOARD OF COMMISSIONERS

Rob Pratl

Mary Crout

Dave Conrad

Jamie Albon

Bob Meyer

Commissioners

THE CHICAGO RIDGE PARK DISTRICT BOARD OF COMMISSIONERS

The Park Board is composed of five non-paid individuals, selected by you, to serve elected terms. The board is primarily a policy-making body that reflects the needs and interests of all taxpayers.

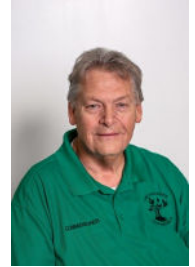
Rob Pratt

Rob is the President of the Board of Commissioners and is currently serving his sixth elected term. During this time Rob has overseen the renovation of every playground in town along with the construction of Ball Fore Miniature Golf and Batting Cages and the Lily Pad Splash Pad. While improving and adding to our residents' recreational needs, Rob has been able to help maintain an A+ rating from Standard and Poor's. This reflects a positive performance of very strong cash reserves and credit characteristics. Moving forward, Rob has been instrumental in the District's push to go solar. Lily Pad was the final solar project at this time, making it our fourth building, along with Frontier, Freedom, and Ball Fore to have a solar grid. These projects have been done at no cost to the District, saving taxpayer dollars while helping the environment and reducing our carbon footprint. Some other things to look for in the near future will be the continued installation of cameras at some of our playgrounds. These cameras will not only help protect our playgrounds but also our patrons. Rob is married to Kathy and they have three sons. Rob is a member of the Village Planning and Zoning Board. Rob is a member in good standing of the IBEW Local 134.



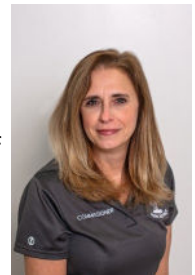
Dave Conrad

Dave and his wife, Judy, have been life-long residents of Chicago Ridge. Dave is on his fourth term and is the chairman of maintenance. Dave holds a degree in criminal law and business. He feels the parks help keep the community together. Good parks are a must and Chicago Ridge has some of the best around.



Jamie Albon

Jamie and her husband, Rich, have lived in Chicago Ridge for over twenty years. Their four children have enjoyed the many facets of what the Chicago Ridge Park District has offered throughout the years, from the classes to the playgrounds to the walking paths. Their fun-filled days in the parks positively impacted them as they continue to grow into adults. Jamie has a Master's degree in Education and another in reading. She has taught in a local school district for twenty-one years. Jamie is a former school board member who believes the needs of children come first. She feels parks provide an atmosphere for children and families to play and grow together. The parks are the center for learning, teamwork, developing an imagination, and an overall love for the outdoors.



Mary Crout

Mary is Vice President of the Board of Commissioners and is serving her fifth elected term. Mary holds a Bachelor's degree in Recreation Administration from the University of St. Francis and a Master's degree in Public Administration from Governor's State University. Mary recently retired from the Oak Lawn Park District after a career that spanned 22 years in a variety of positions, most recently Safety Coordinator and Aquatic Supervisor. She is active in Illinois Association of Park Districts, serving on the Distinguished Agency Accreditation Review Committee. Mary and her family have lived in Chicago Ridge for 34 years. Mary is committed to maintaining the quality of the parks and



Bob Meyer

Bob is a longtime resident of Chicago Ridge. He grew up enjoying the Chicago Ridge Park District fields, camps, and outdoor activities within the community. He has a Bachelor of Science Degree in Construction Technology from Purdue University, and his many years of experience building athletic and recreation facilities throughout the Chicagoland area is an asset for our Park District. Bob feels the purpose of the Park District is to enrich our community with exceptional recreation, parks, and facilities that inspire memorable experiences, and he is proud to be a part of that experience as a Park District Board Commissioner. He is married to Cindy and they have a daughter Heidi.



Our Mission

It shall be the policy of the Chicago Ridge Park District to establish, expand, and improve park and leisure time opportunities, maintain park properties and facilities in a safe and attractive manner, and strive to obtain available land for future generations.

BOARD MEETING DATES

The board of commissioners meets on certain Wednesdays. Meetings are held at the Freedom Activity Center, 6252 Birmingham. Meetings begin at 7:00pm. The public is welcome to attend.

2025 Meeting Dates:

January 8 & 22, February 12 & 26, March 12 & 26, April 9 & 23, May 14 & 28, June 25, July 23, August 27, September 24, October 8 & 22, November 12, and December 10

MILITARY REGISTRATION (U.S. ARMED FORCES)

In support of the troops, the Chicago Ridge Park District Board of Commissioners is offering an active duty and veterans military discount to residents of Chicago Ridge.

This will allow any resident that is an active duty military person or a veteran complete fee waiver of all Chicago Ridge Park District facilities, classes, and special events (excluding contracted classes/events).

For details contact the Frontier Fieldhouse at 708-423-3959.

SPECIAL RECREATION

What is Special Recreation? Special Recreation provides year-round recreation programs for individuals of all ages with special needs. The Special Recreation Program of Oak Lawn is proud to offer a variety of programs. Through a cooperative agreement, residents of Chicago Ridge may participate in our Special Recreation programs at Oak Lawn resident rates. For more information, call 708-857-2420.

To view the online brochure, visit www.olparks.com

BEHAVIOR POLICY

Park District Patrons will exhibit appropriate behavior at all times while participating, attending, or spectating any Park District program or event. All patrons must:

1. Show respect to all patrons and staff.
2. Follow all facility rules and those from a Park District staff member.
3. Refrain from foul or abusive language.
4. Refrain from threatening or causing harm to self, others, and staff.
5. Show respect for facilities, equipment, and supplies.
6. Not carry any weapons.

If inappropriate behavior occurs, staff reserve the right to dismiss a patron from a program or facility. If removal occurs, there will be no refund or credit given.



YOU CAN NOW TEXT US!

Stay informed about programs, facilities, and more! Ask a question, get specific information all via texts. Simply text **708-634-5007** to get information. If you want us to text you when new things are coming, choose the categories you want information on and opt in. There are 2 ways to opt in. Choose the categories, hover your phone's camera over the QR code and follow prompts, OR text FOLLOW#(insert category name) to **708-634-5007**.

 <p>Youth Classes #CLASSES</p>	 <p>Fitness Classes #FITNESSCLASSES</p>	 <p>Senior Activities #SENIORS</p>
 <p>Events #EVENTS</p>	 <p>Fitness Center #FITNESSCENTER</p>	 <p>Ball Fore #BALLFORE</p>
<p>Stay connected with text messages!</p>	 <p>Pickleball #PICKLEBALL</p>	 <p>Lily Pad #LILYPAD</p>

HOW DO I REGISTER?

- Begin by going to our website: www.chicagoridgeparks.com
- Find the program you want to sign up for and click on it.
- You will see a button that says "REGISTER NOW", click on it.
- If paying ONLINE, fill out the required information and submit. You will receive a confirmation email with program information.
- If paying in person, click the mail in

PHOTO POLICY

The Chicago Ridge Park District frequently takes photos of program participants. These photos are used in both Park District publicity and photo albums on our website and social media platforms. If you do not want your photograph taken please notify staff. Parents/Guardians must notify staff if they do not want photographs taken of their children.

Program Locations

The Chicago Ridge Park District offers programming at multiple park district facilities. Please find the addresses below.

You can visit the Frontier Fieldhouse to register, fill out a permit, or to get more information.

You can also call 708-423-3959.

BALL FORE MINIATURE GOLF & BATTING CAGES

6701 W. 107th Street

FREEDOM ACTIVITY CENTER

6252 W. Birmingham Avenue

FRONTIER FIELDHOUSE

9807 S. Sayre Avenue

LILY PAD SPLASH PAD

6246 W. Birmingham Avenue



SILENT DISCO PARTY

Saturday January 25 5:00pm-9:00pm

Ages: 3-99+

Family of 4: \$35R / \$50NR Additional person: \$12R / \$15NR

Frontier Fieldhouse

What is a silent disco, you ask? Our gym will be transformed into a dance party like no other! Upon arriving, each guest will be given a set of headphones that will allow listeners to choose between different music options and dance the evening away. Those dancing will hear music through the headphones, but the rest of the gym will be silent! Come check out this fun new event! Concessions will be available!

FAMILY SWEETHEART SOCIAL

Friday February 14 6:30pm-8:30pm

Family of 4: \$30R / \$50NR

Additional person: \$10R / \$15NR

Frontier Fieldhouse



Our family invites yours to our Second Annual Family Sweetheart Social! Join us for a fun evening of dining, dancing, and entertainment! A giant balloon drop completes this magical evening. Families will receive a souvenir to remember this fantastic annual event!

MUST REGISTER BY FEBRUARY 10

BIG ISLAND VIBES

Saturday February 22

5:30pm-8:00pm

Band begins at 6:00pm

FREE EVENT

Freedom Activity Center



Come and let winter stay outside! The band Mr. Myers will be on hand to bring in the summer island vibes as we leave winter outside tonight! We have the island band, the island "mock-tails", and the island snacks waiting inside for this fun concert. Come and listen to some island music, enjoy some snacks, and there's even a few things for the kids to do!

ALCOHOL IS NOT ALLOWED ON PARK DISTRICT PROPERTY.

ST. PATRICK'S DAY FAMILY BINGO



Friday March 7

6:30pm-8:00pm

FREE EVENT

Freedom Activity Center



Join us for this fun night of bingo. Instead of numbers, we'll have photos of various things on each card. When your card has a bingo, yell out to win fun prizes. This fun edition is great for entire families! Everyone will create a fun cookie at our cookie bar!

REGISTRATION IS REQUIRED FOR THIS FREE EVENT!

Family EVENTS



ST. PATRICK'S DAY COIN HUNT AND MORE

Saturday March 15

12:00pm

FREE EVENT

Freedom Park



HELP! Our leprechaun lost his treasure and you can find it! Gold coins and special coins are scattered throughout the park and we need help finding them. While supplies last, children will be given a mini bucket to collect gold coins, special coins can be redeemed for prizes. Make sure to pick up your craft to keep the luck going. This is a rain/shine event so please dress for the weather.



XTREME MUSIC BINGO

Friday March 21

6:00pm-7:30pm

Ages: 5-12 years

\$8R / \$12NR

Freedom Activity Center



This bingo event is like no others! Cards have song titles such as "The SpongeBob Theme Song" and "Thriftshop". Listen to the songs, mark your cards, and get ready to yell bingo! Prizes will be awarded for each game and patterned games have bigger prizes! Snacks and drinks will be provided as well! This fun event will have you singing along to songs you know and love!

MUST REGISTER BY MARCH 17



PRINCESSES AND PANCAKES

Saturday March 29

9:30am-11:00am

Ages: Family Event

\$10R / \$15NR

Freedom Activity Center



What will be sweeter, the delicious pancake bar or the memories of this fantastic morning? Join Princesses Moana and Belle as they delight guests with a meet and greet and photo opportunities. Breakfast includes a pancake bar with toppings, fruit, juice, coffee, and water. Each guest princess will receive a souvenir! All children 2 and over must pay. Those UNDER 2 are free, but must register. All children must be accompanied by an adult.

MUST REGISTER BY MARCH 24

Family EVENTS/Youth Programs



EGG-A-PALOOZA

Saturday April 12 10:00am-12:00pm

FREE EVENT

Frontier Fieldhouse



Let's get "hoppy" about Easter! Join us from 10:00am-12:00pm for a fun morning indoors with the Easter Bunny! Enjoy a visit with the Easter Bunny, get your photo taken, enjoy collecting eggs in our indoor egg garden, try out a craft, and see what's new at the Park District this summer!

ONLY THE PROVIDED BAGS WILL BE ALLOWED INSIDE THE EGG GARDEN.



SOLARBRATION AND KITE FLY EVENT

Saturday April 26 10:00am-2:00pm

FREE EVENT

Freedom Park



Join us as we celebrate the sun! Chicago Kite will once again be on hand for kite flying demonstrations. Bring your own kite or purchase one at the event. Areas for public flying will be set up! Music and fun solar-based activities will be on hand for kids as well!



STAGES STARS

Wednesdays January 15-March 5 (8 WEEKS) 5:30pm-6:30pm

Ages: Kindergarten-5th Grade

\$150R / \$200NR

Freedom Activity Center

Does your child have a "dramatic side"? You might have a budding Stage Star in your family! Our drama class introduces students to the craft of stage acting with a skilled theater instructor. During this exciting class, students will learn theatrical skills, improv basics and participate in interactive drama games. This class provides opportunities for students to have fun, express themselves, gain confidence, and interact with others, all within the context of theater arts. Class instruction provided by Afterschool Enrichment Solutions.

MUST REGISTER BY JANUARY 10

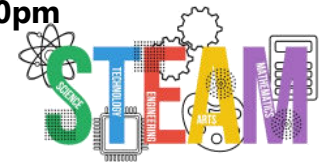
STEAM

Thursdays January 30-March 20 (8 WEEKS) 5:30pm-6:30pm

Ages: Kindergarten-5th Grade

\$150R / \$200NR

Freedom Activity Center



This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary! Class instruction provided by Afterschool Enrichment Solutions.

MUST REGISTER BY JANUARY 26

Toddler Classes/EVENTS

MILES OF SMILES

Tuesdays Session 1: January 14-February 4, Session 2: February 25-March 8

9:30am-10:30am

Ages: 18 months-3 years WITH ADULT

PER SESSION \$30R / \$40NR

Freedom Activity Center



Singing, dancing, games, and plenty of playtime are in store for moms and little ones! Each week we will get up and moving with fun games, read giant sized books, sing songs and so much more. This program is sure to be a hit when you try simple art projects, science areas, and tons of fun! This program has a max of 8 parent/child registrations. Only registered children may attend. Parents must stay with children at all times. **MUST REGISTER 4 DAYS PRIOR TO START DATE.**



WINTER WONDERLAND

Wednesday January 15

9:30am-10:30am

Ages: 18 months-3 years WITH PARENT

\$8R / \$12NR

Freedom Activity Center

This magical morning brings winter inside with winter themed hands-on experiences! Try out the polar animal sensory bin, rescue some snowballs before they melt, create a sensory bag to take home, and more!

MUST REGISTER BY JANUARY 11

LOVE BUGS

Monday February 10

9:30am-10:30am

Ages: 18 months- 3years WITH PARENT

\$8R / \$12NR

Freedom Activity Center

Lots of love and fun are planned for today! A Valentines-themed story will be the inspiration for a love bug game, a valentine art project, dancing, and more! Create a valentine suncatcher to bring home as well.

MUST REGISTER BY FEBRUARY 6



ST. PATRICK'S MAGIC MORNING

Friday March 7

9:30am-10:30am

Ages: 18 months-3 years WITH PARENT

\$8R / \$12NR

Freedom Activity Center

The theme today is St. Patrick's Day and things green and gold! The leprechaun obstacle course has little ones searching for giant green coins! We'll sing songs, play games, and create a game to take home!

MUST REGISTER BY MARCH 3



SPRING FLING

Friday April 4

9:30am-10:30am

Ages: 18 months-3 years WITH PARENT

\$8R / \$12NR

Freedom Activity Center

Planting pretend flowers, creating butterflies, singing songs, and listening to stories are only some of what we'll do today. Create a spring match game to take home!

MUST REGISTER BY MARCH 31

Youth EVENTS



BIG NIGHTS, BRIGHT LIGHTS!
Thursday January 9 4:00pm-5:00pm
Ages 3-5 years
\$8R / \$12NR



Freedom Activity Center

How cool is the night sky in the big city? In this fun program we'll create two projects. First, we'll make a city skyline complete with glow in the dark paint! Then we'll create a fireworks scene that appears to light up! A story and music complete this fun afternoon!

MUST REGISTER BY JANUARY 5



GROUNDHOG DAY!
Friday January 31 4:00pm-5:00pm
Ages: 3-5 years
\$8R / \$12NR

Freedom Activity Center

Will the Groundhog see his shadow this Groundhogs Day? In this fun program we'll learn about groundhogs and their world. We'll create a pop-up groundhog and make a groundhog inspired snack. We'll play some games as well such as Shadow Tag.

MUST REGISTER BY JANUARY 27

ST. PADDY'S GOLD & GREEN AFTERNOON

Thursday March 13 4:00pm-5:00pm
Ages: 3-5 years
\$8R / \$12NR



Freedom Activity Center

This class has some luck and gold for everyone! Leprechauns, shamrocks, and gold are the theme today! We'll build a trap to catch a leprechaun, play some fun games, and create a pot of gold art piece to take home!

MUST REGISTER BY MARCH 9



SPRING WING-DINGS
Wednesday April 23 4:00pm-5:00pm
Ages 3-5 years
\$8R / \$12NR

Freedom Activity Center

Spring is almost here so let's get outside and celebrate it! In this class we will explore all that spring has to offer. We'll make our own wind spinner, create a model of a rain cloud, play games, and listen to a fun story about spring.

MUST REGISTER BY APRIL 19

Youth Classes/EVENTS



REAL RESEARCHERS
Saturdays January 18-February 8
10:30am-11:30am
Ages: 6-10 years
PER SESSION \$30R / \$40NR
Freedom Activity Center

This 4-week program is for those who LOVE science! Each week we'll explore a different area of science, such as chemistry and physics. We'll complete two experiments and our researchers will collect data, build models, and create a real science journal. This class can get messy, please dress for the mess!

MUST REGISTER BY JANUARY 14



WINTER BEACH JAM
Wednesday January 8
5:00pm-6:15pm
Ages: 6-10 years
\$8R / \$12NR

Freedom Activity Center

Let's bring back summer back at least one day! Dress in those summer clothes and wear some shades to this program! We'll create some dessert "beach nachos" with island favors, attempt to go under the limbo stick, paint a wooden popsicle in fun colors and dance like no one is watching.

MUST REGISTER BY JANUARY 4



VALENTINE SCAVENGER HUNT
Friday February 7
6:00pm-7:15pm
Ages: 6-10 years
\$8R / \$12NR



Freedom Activity Center

HELP! Cupid's hearts fell out of the bag and scattered all over Freedom Activity Center! We need help finding them! Guests will work with staff to solve clues and puzzles that take you all over the building in an epic hunt. Clues and puzzles lead to more hearts. Once completed, enjoy a love-themed snack and take part in mini games. **MUST REGISTER BY FEBRUARY 3**



MUFFIN MADNESS
Monday March 10
5:00pm-6:15pm
Ages: 6-10 years
\$8R / \$12NR

Freedom Activity Center

Muffins are the ultimate food! They can be a snack OR a meal. In this class, a basic muffin recipe goes from plain to extravagant! We'll make sweet strawberry muffins and we'll make savory muffins that include bacon and cheese.

MUST REGISTER BY MARCH 6



PERFECT PRETZELS
Wednesday April 9
5:00pm-6:15pm
Ages: 6-10 years
\$8R / \$12NR

Freedom Activity Center

Making your own soft pretzel from scratch is fun, rewarding, and most of all delicious! We'll start by making homemade dough and making fun shapes. While the pretzels bake we'll make some dipping sauces. Please bring a container!

MUST REGISTER BY APRIL 5

Youth Programs

THE CLASSES ON THIS PAGE ARE OFFERED THROUGH A COOPERATION WITH THE WORTH PARK DISTRICT.

CLASSES ON THIS PAGE ARE HELD AT THE TERRACE CENTER,
11500 BELOIT AVE, WORTH IL.

CHICAGO RIDGE RESIDENTS PAY RESIDENT RATE FOR THESE PROGRAMS
WHEN REGISTERING THROUGH CHICAGO RIDGE PARK DISTRICT ONLY.

CREATE AND EAT YOUR OWN FROSTY THE SNOWMAN!



Thursday January 16
4:00pm-5:00pm
Ages 3-6 years
\$20R / \$25NR

Let's have some fun creating an edible snowman! No need for snow or ice! This edible creation will be made from a variety of ingredients, the first one being donuts! Your child can bring their "Frosty the Snowman" home, or they can choose to eat their creation in class. If your child has any food allergies, PLEASE let us know at registration.

MUST REGISTER BY JANUARY 9

VALENTINE FUN AND COOKIES!

Thursday February 13
4:00pm-5:00pm
Ages: 3-6 years
\$20R / \$25NR



Come and join us and make your very own Valentine's Card! Enjoy some cookies while you are getting creative! Your child will have many materials to choose from to make their valentine! This valentine will be made with LOVE and fun!

MUST REGISTER BY FEBRUARY 6

A SLOUGH OF SLIME



Thursday March 13
4:00pm-5:00pm
Ages 3-6 years
\$20R / \$25NR

Have some fun making a mess with green and gold slime! Children will have fun mixing and making their slime! This slimy mess is sure to impress your little ones! Slime will be sent home and should always be used with adult supervision.

MUST REGISTER BY MARCH 6

COLORFUL CLOUD DOUGH CREATIONS!

Thursday April 17
4:00pm-5:00pm
Ages 3-6 years
\$20R / \$25NR



Spring has sprung! Your child will learn how to make colorful cloud dough! There will be many pastel colors to choose from and a candy treat to along with the fun! A container will be given to send home this cloudy colorful creation! Please remember to supervise your child when the dough is played with.

MUST REGISTER BY APRIL 10

Chicago Fire Soccer Classes

INTRODUCING CHICAGO FIRE SOCCER CLASSES!

ALL CLASSES WILL BE HELD AT FREEDOM ACTIVITY CENTER! LEARN FROM THE BEST!

LITTLE SPARKS

Saturdays January 25– March 25 (8 WEEKS)

9:00am-9:50am

Ages: 2-4 years (Requires ONE adult to participate with the child)

\$200R / \$250NR

Freedom Activity Center



Little Sparks is the Chicago Fire's introduction to soccer program where children and parents can take their first steps in soccer together! Specifically designed for children aged 2 to 4 years old and using the fun of play and imaginative stories, Little Sparks facilitates a child's physical, mental, and social-emotional development through the game of soccer! Little Sparks uses three key principles (experiential play, creative learning, holistic activity) to build an environment for children to learn and explore different outcomes associated with soccer and self-development.



LITTLE SPARKS +

Saturdays January 25-March 25 (8 WEEKS)

10:00am-11:00am

Ages: 4-5 years

\$200R / \$250NR

Freedom Activity Center

Specifically designed for children aged 4 to 5 years old looking to take their next steps in soccer, Little Sparks+ bridges the imagination and creativity of Little Sparks with the structure and team building of the 4v4 soccer game model. Little Sparks+ uses some of the same key principles as Little Sparks (experiential play and imaginative learning) to build an environment for children to learn and explore different outcomes associated with soccer and self-development. Unlike Little Sparks, Little Sparks+ evolves its focus from self-awareness to social-awareness - instead of parent participation, players start to learn how to interact with other peers to gain confidence in building relationships and to understand how to work as a team.

SKILLS CLASSES

Saturdays January 25-March 25

Ages: 6-8 years 11:00am-12:00pm

Ages 9-12 years 12:00pm-1:00pm

\$200R / \$250NR

Freedom Activity Center



Chicago Fire FC Skills Classes are the perfect opportunity for children of all abilities to develop their soccer ability and their love for the game! Working with professional coaches from Chicago Fire FC, our Classes focus on technical development and social-emotional learning, to elevate children as both players and people. Our coaches will build and progress the players skills each week, focusing on different technical abilities while also focusing on repetition. The players will have a chance to strengthen their skill set while learning new skills during the process.

Teen Events



SILENT DISCO
Saturday January 25
5:00pm-9:00pm
Ages: 3—99+
\$10R / \$15NR



It's the best dance party no one else will hear! Plug in, tune out, and dance like nobody's listening! Choose a DJ channel and groove to the beats in this unique indoor silent disco experience. Get ready for nonstop fun, great vibes, and a night to remember.

Concessions will be available!



VALENTINE WREATH MAKING
Wednesday February 5
5:00pm-6:15pm
Ages: 12-16 years
\$8R / \$12NR

Freedom Activity Center

We've all seen the crafts on social media and thought "I could do that!" and now here's your chance! We will create a special Valentines wreath using plenty of materials. No two will be the same!

MUST REGISTER BY FEBRUARY 1

PAINTED GLASS MOTHER'S DAY GIFT

TUESDAY April 29
4:00pm-5:30pm
Ages 7- 14 years
\$8R / \$12NR

Freedom Activity Center

Moms love gifts from the heart! Join us as we create a piece of glass art for Mom! Guests in this program will choose a pattern to create and using glass paint, markers, and foil to create a beautiful piece for Mom. We will also create a handmade card to go with our handmade gift. Wrapping will also be available!

MUST REGISTER BY APRIL 25



Actively Aging

ACTIVELY AGING BINGO

Ages: 55+

FRONTIER FIELDHOUSE

Join us at the Frontier Fieldhouse for lunch and bingo every 1st and 3rd Tuesday! There will be 10 games, plus a cover-all! Call Frontier Fieldhouse to reserve your spot! There will be NO transportation for these events. **YOU MUST REGISTER IN ADVANCE FOR THIS EVENT!**

Time: 11:30am-1:30pm

Fee: **FREE** for Chicago Ridge Residents

\$5 Nonresidents

Location: Frontier Fieldhouse

Dates and Lunch Menu:

January 7: Snacks

March 4: Snacks

January 21: Chili & Cornbread

March 18: Nachos Supreme

February 4: Snacks

April 1: Snacks

February 18: Cream of Broccoli Soup

April 15: Baked Potato Bar

ACTIVELY AGING MUSIC BINGO

Songs from the 50s, 60s, and 70s are played as you mark your card. Get a bingo and win a candy bar or other small prize. Light refreshments will be served.

YOU MUST REGISTER IN ADVANCE FOR THIS PROGRAM BY CALLING 708-423-3959.

4th Wednesday of each month

Frontier Fieldhouse

Time: 10:30am-12:00pm

FREE for Residents \$5 Nonresidents

January 22

February 26

March 26

April 23



SENIOR GAME DAY

Wednesday March 12

10:00am-11:30am

Ages: 55+

\$3R / \$5NR

Frontier Fieldhouse

Join us for a morning of games! We'll have out some board games and cards to play. In addition we will try some new games that have prizes! Come and win some fun household items, candy, and more! Snacks and refreshments will be served.

MUST SIGN UP IN ADVANCE FOR THIS PROGRAM. PLEASE REGISTER ONLINE AT www.chicagoridgeparks.com OR IN PERSON AT THE FRONTIER FIELDHOUSE. MUST REGISTER BY MARCH 8



Pickleball

Chicago Ridge Park District



FRONTIER FIELDHOUSE, 9807 S. SAYRE AVENUE

OPEN PICKLEBALL

Must be 18 years or older

	RESIDENT	NON-RESIDENT
DAILY	\$3.00	\$6.00
PUNCH PASS 5-PASS	\$15.00	\$25.00
PUNCH PASS 10-PASS	\$30.00	\$50.00
FITNESS MEMBERS and SILVERSNEAKERS/ PRIME/ RENEWACTIVE/ SILVERFIT	FREE	FREE

MORNINGS

MONDAYS 9:00am-4:00pm
 2nd/4th TUESDAYS 9:00am-1:00pm
 THURSDAYS 9:00am-1:00pm
 FRIDAYS 9:00am-1:00pm

EVENINGS

**WEDNESDAYS
 4:30pm—8:00pm
 **Tournament days are every 3rd
 Wednesday of the month. There is
 no Open Pickleball on these days.

Non-Residents save \$1 per visit with a Punch Pass!

PICKLEBALL COURT RENTALS

Residents \$10.00/hr Non-Residents \$20.00/hr

Pickleball

PICKLEBALL SOCIAL EVENTS!

Each month join us for a pickleball morning like no other. Enjoy light refreshments, talk pickleball with others, meet new players, and try a fun variation of the game. Open pickleball will be available as well during this time! Only pay the open pickleball fee or use your fitness membership. \$3R / \$6NR. This program IS included with fitness memberships.

Cocoa & Cookies	Thursday January 9	9:30am-11:00am
Love 'N Pickleball	Thursday February 13	9:30am-11:00am
St. Paddy's Pickleball	Thursday March 20	9:30am-11:00am
Spring Social	Thursday April 17	9:30am-11:00am

MONTHLY PICKLEBALL TOURNAMENTS

3rd WEDNESDAY OF EACH MONTH

Start Time: 6:00pm

Ages: 30 +

\$30 Per Team

Frontier Fieldhouse

Join us for a fun recreational tournament each month. Tournaments are a double-elimination style format. All teams are guaranteed at least two matches per evening. Unless otherwise noted, all teams must be CO-ED or ALL female, no ALL male teams may compete. These tournaments are self governed by the players. Grab your teammate and sign up!

Co-Ed Recreational January 15

Co-Ed Recreational February 19

Men's Tournament March 19

(TBA) April 16

Pickleball Leagues

LADIES PICKLEBALL LEAGUE

This ladies only recreational league is for those interested in having fun and competing against peers in a relaxed social setting. Those in this league should know the rules and fundamentals of the game including scoring and court positions. Players should hit the ball with consistency, including volleys and serves landing in-play a minimum of 80% of the time. The season will have seven (7) weeks of competition followed by one (1) morning of playoffs. Teams will play two (2) matches per morning. Players will register as a team of up to four (4) people. Trophies will be awarded to the top two (2) teams at the conclusion of playoffs. Every team plays 15 matches.

Day: Thursday Mornings Dates: January 16-March 6

Times: 10:00am Fees: \$120 PER TEAM

Ages: 30+

Up to 4 people per team roster. 4 team minimum/ 12 team maximum

Registration ends Thursday January 9 at 8:00pm



CO-ED PICKLEBALL LEAGUE

This co-ed recreational league is for those interested in having fun and competing against peers in a relaxed social setting. Those in this league should know the rules and fundamentals of the game including scoring and court positions. Players should hit the ball with consistency, including volleys and serves landing in-play a minimum of 80% of the time. The season will have seven (7) weeks of competition followed by one (1) night of playoffs. Teams will play two matches per evening. Players will register as a team of up to four (4) people. Trophies will be awarded to the top two (2) teams at the conclusion of playoffs.

Day: Monday Evenings Dates: January 13-March 3

Times: 6:00pm Fees: \$120 PER TEAM

Up to 4 people per team roster. 4 team minimum/12 team maximum

Ages: 30+

Up to 4 people per team roster. 4 team minimum/12 team maximum

Registration ends Wednesday January 8 at 8:00pm



STIX and KIX

Cardio Drumming Class!



Day: Wednesdays

Time: 9:30am-10:15am

Place: Frontier Fieldhouse

Fee: See below

Instructor: Gayle Dunterman

Cardio drumming is a fun new way to exercise! It's drumming on a stability ball to fun music, with dance moves thrown in! And it has so many healthful benefits! The best thing is you don't have to be a skilled drummer to have a blast in this class! If you love moving to good music, come join us!

	5 CLASSES	10 CLASSES	1 CLASS
RESIDENT	\$25.00	\$50.00	\$5.00
NON-RESIDENT	\$35.00	\$70.00	\$7.00

Zumba Class

Classes are held Tuesdays and Thursdays 6:00pm-7:00pm at FREEDOM ACTIVITY CENTER



Instructors:
Gayle Dunterman
Trecia Flowers

	5 CLASSES	10 CLASSES	1 CLASS
RESIDENT	\$35.00	\$70.00	\$10.00 (must bring exact cash)
NON-RESIDENT	\$45.00	\$90.00	\$10.00 (must bring exact cash)

Purchase a punch pass and attend on your schedule!

Passes are good for one year. Passes are non-refundable and non-transferable.

Frontier Park Fitness

9807 S. Sayre Avenue / (708) 423-3959

FRONTIER FIELDHOUSE HOURS

Monday through Thursday 9:00am-8:00pm

Friday 9:00am-5:00pm

Saturday and Sunday 8:00am-12:00pm

Frontier Park Fieldhouse offers a variety of amenities geared toward every aspect of physical fitness with something to offer everyone. The fitness center equipment by LifeFitness includes:

- Twenty (20) cardio machines including: cross trainers, treadmills and stair steppers
- Two (2) rowing machines
- Upper and lower body strength training equipment
- Two (2) separate rooms to utilize
- Four-lane walking track



Annual Membership	Resident (Discounted Rate)	Non-Resident
Individual (16 & Over)	\$140	\$275
Additional Adult	\$115	\$210
Senior (55 & Over)	\$85	\$145
Additional Senior	\$55	\$115

6-Month Membership	Resident (Discounted Rate)	Non-Resident
Individual (16 & Over)	\$100	\$210
Additional Adult	\$85	\$175
Senior (55 & Over)	\$55	\$120
Additional Senior	\$35	\$85
Daily (18 & Over)	\$5	\$10
10-Vist Punch Pass (18 & Over)	\$40	\$80

Fitness Programs:

SilverSneakers

Prime

RenewActive

Silver&Fit

Active&Fit

Please call
(708) 423-3959
for details**

BOY SCOUTS

Chicago Ridge Scouts

Pack 3665 and Troop 665

ChicagoRidgeScouts@gmail.com

Beascout.org

Chicago Ridge Athletic Association (CRAA)

Chicago Ridge Athletic Association (CRAA) is a non-profit organization that strives to provide the youth of our community with the opportunity to join quality t-ball, softball, and baseball programs for children ages 4-16.

Facebook: CHICAGO RIDGE ATHLETIC ASSOCIATION

Email: CRAA@chicagoridgeathleticassociation.com

JON'S WAY

Jon's Way Chicago Ridge Youth Group

Pre / Teen and Teen

Contact Karrie Grabinski 708-510-4242

[Jon's Way Chicago Ridge Youth Group | Facebook](#)

www.JonsWay.com

JonsWayChicagoRidgeYouthGroup@gmail.com

LION'S CLUB

Chicago Ridge Lions Club volunteers, and partners to improve health and well-being, strengthen the community and support those in need through humanitarian services and grants that impact lives locally, encourages peace and international understanding.

Contact persons: Teri McMaster, Bob McHugh. Both can be reached at 708-966-1360.

Email: www.facebook.com/ChicagoRidgeLions

GIRL SCOUTS

Girl Scouts of Greater Chicago & Northwest Indiana

Email Gina McCarthy– Recruitment Specialist

Gmccarthy@girlscoutsGCNWI.org

VOLUNTEERS NEEDED AS WELL!

Chicago Ridge Park District



<i>Know Your Parks!</i>		BALLFIELDS	PLAYGROUNDS	PICNIC AREAS	VOLLEYBALL COURT	BASKETBALL COURT	PICKLEBALL COURT	FOOTBALL/SOCCER	MAINTENANCE BUILDING	PARKING FACILITIES	WALKWAYS	WATER FOUNTAIN	ACREAGE
1.	Village Memorial Park 107th & Oak	2	X							X		X	2.5
2.	James Jenkins Memorial Playground 107th & Lombard		X	X						X		X	.5
3.	Administration Building 107th & Lombard									X			.5
4.	Joanne Christian Memorial Park 107th & Menard	3		X					X	X	X	X	5.9
5.	Commissioners Park Tot Lot 107th & Menard	1	X								X	X	1.25
6.	Freedom Park Birmingham & Oak	2	2	X		X		2	X	X	X	X	10
7.	Freedom Activity Center 6252 W. Birmingham Avenue				X	X				X		X	1.5
8.	Tower Park Forest Lane & Ridge Drive		X							X	X	X	1
9.	Guardian Park 104th & Nashville		X	X		X				X	X	X	1
10.	O'Connell Park 99th & O'Connell Drive		X										.25
11.	Frontier Park Fieldhouse 99th & Sayre Avenue		X	X	3	3	6			X	X	X	3.84
12.	Frontier Park Playground 99th & Sayre Avenue		X	X						X		X	.75
13.	Ball Fore 6701 W. 107th Street			X					X	X			2.5
14.	Lily Pad 6246 W. Birmingham Avenue			X						X		X	1.5

